

Classes, Programs & Activities

Duncaster offers a wide variety of programs and events that will fill your days quickly! This is just a sampling of regularly scheduled classes, programs & activities.



Guest Speakers:
Celebrity Chef Robert Irvine (left)



Area Excursions: Riverboat Cruise



Special On-site Performances:
Connecticut Ballet

Duplicate Bridge	Mon	7:15 pm
Bingo	Mon	2:15 pm
Weight Watchers Workshop	Mon	1:00 pm
Artisans	Thurs	2:00 pm
Great Courses (topics vary)	Mon	1:30 pm
Song Play with Adele	Tues	1:30 pm
World Affairs	Every Other Tues	10:00 am - 12:00 pm
Chaplain's Chat	Wed	10:30 am
Collage with Harriet	Wed	10:00 am
Movie Night	Wed, Thurs & Sat	8:00 pm
Book Club	3rd Fri of the Month	11:00 am

Off-campus trips are scheduled regularly and include destinations such as Goodspeed Opera House, Mohegan Sun and Yard Goats games

