

Aquatic Center Class Schedule

Class	Days	Time
Cardio H2o	Mon, Wed, Fri	10:15 - 11:00 am
Aqua Yoga	Tues, Thurs, Sat	10:15 - 11:00 am
Water Walking	Tues & Thurs	1:30 - 2:15 pm
AquaFit	Mon & Wed	3:30 - 4:15 pm
Family Swim	Sun	11:00 am - 3:00 pm




Duncaster
 is where to *live.*

