



## Life Plan and Lifecare – A Brief Narrative

1. **What is a Life Plan Community?** Life Plan (continuing care) communities are very different from 55+ communities, rentals, or co-ops in scope of amenities and services. Typically, Life Plan communities offer independent living residences and health services. Like many Life Plan communities across the county, Duncaster has an Entry Fee, or sometimes called a Buy-in requirement. The Entry Fee can be refundable or non-refundable depending on the type of contract that is selected.

Residents of Duncaster are active and independent. The service and amenities offered are designed to promote a vibrant and wellness-oriented lifestyle.

Duncaster residents know they also have the security of having a continuum of health care services on the campus - from assisted living to memory care to long term care - should they need these services later in life. Ask us for a full listing of included services.

2. **What is Lifecare?** Lifecare, also referred to as *Type A Lifecare* is a financial and pre-planned care model whereby long term health care costs are included in the monthly fee and thus are prepaid. This is similar to long term care insurance. If you have a Lifecare contract and need assisted living, memory care or long term care at Duncaster – your increase in needs will not appreciably change your monthly fee. Lifecare can protect assets by holding down the costs of long term care.

There are two other contract types that differ from Lifecare. They are Type B (modified) and Type C (fee-for-service). Duncaster also offers Type C contracts. Ask for more information.

For those with private **Long Term Care Insurance**, care costs at Duncaster can be reimbursable through your insurance.

In Hartford County, average long term care costs (for 2019) are \$467 /day. With Duncaster's Lifecare benefit, there is no additional charge for long term care and at Duncaster you will always have *private* accommodations – no shared rooms!

The IRS recognizes the Lifecare benefit as a prepaid medical expense. Residents who live at Duncaster may qualify for **tax deductions**. There is a one-time deduction for a portion of the Entry Fee and an ongoing deduction for the monthly fee. The percent of deduction will vary from year to year, but runs around 26%. Consult your tax advisor.

April 2019