

## Off Campus Activities - Relative Risk Guidance

Minimal Risk - Level 1	Comment
Leaving campus by car and staying inside	As long as you are by yourself or with your spouse - enjoy
Leaving the campus walking	Presuming that you and others walking outside are masked
Curbside meal pick-up from restaurant	Just disinfect the containers with a Lysol wipe and enjoy
Curb side pick-up at a grocery store	Minimal to no risk - love it - use it
Bicycling on bike path	Enjoy
Playing golf alone	Enjoy
Bank, Lawyers office	Minimal risk if one on one, less than 30 minutes and masked; minimize time in small spaces like safety deposit box rooms or small offices
Walking on campus - alone	Enjoy but wear your pendant and bring a mask in case you meet up with someone else!
Walking on campus - small groups	Social distancing and wearing masks - 15 or fewer
Tennis/pickle ball - outdoors	Practice good hand hygiene and use sanitizer as appropriate

Minimal to Moderate Risk - Level 2	Comment
Playing golf with others	Small groups, social distancing and mask guidelines should be followed
Doctor's office	Most doctors office follow good infection control processes; try to make the 1st appointment of the day

Moderate Risk - Level 3	Comment
Tennis/pickle ball - indoors	Practice good hand hygiene and use sanitizer as appropriate
Going to barber shop or salon outside of Duncaster	Depends on the salon and the precautions they are taking including PPE use - we recommend that you just get a haircut, no shampoo, no blow dry or other services; entire visit should be 30 minutes or less and wear a mask the entire time

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Shop at a farm stand	Depends on the farm stand - if they ensure masking and social distancing, it should be okay - just limit your time, go first thing in the morning, use hand sanitizer and mask
<b>Moderate Risk - Level 3 (continued)</b>	<b>Comment</b>
Walking in a public park	Anything public is at least moderate risk; Presuming that you are masked and others are masked; go first thing in the morning
Outdoor visits with friends/family off campus (6 or fewer)	Risk increases with number of people, duration of visit, and if eating/drinking is involved. Maintain social distance and wear a mask
Outdoor gatherings with 15 or fewer (plays, concerts, book groups)	Social distance and wearing masks; Avoid eating or drinking as these require removing your mask

<b>Moderate to Maximum Risk - Level 4</b>	<b>Comment</b>
Outside dining at a restaurant	Depends on the restaurant including masking behavior of other patrons and table spacing - risk increases because exposure time is usually more than 30 minutes and the need to remove mask for eating/drinking
Inside shopping at a grocery store	Depends on the grocery store - some are very good at making sure everyone is masked and socially distanced and some are not - if you must go, go first thing in the morning, pick up what you need and leave, use hand sanitizer and mask
Indoor visits with friends/family off campus	Depends upon the circumstances and number of people; social distance, mask and less than 30 minutes
Church or other religious gatherings	Higher risk by virtue of it being indoors, close proximity and more than 30 minutes

<b>Maximum Risk - Level 5</b>	<b>Comment</b>
Inside dining at a restaurant	High risk due to confined space, mask needing to be removed for eating/drinking and prolonged exposure time
Outdoor gatherings > 16 people (picnics, bbqs, concerts, West Hartford Center)	High risk due to number of people in close proximity. Social distance and wear masks

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Offsite use of fitness centers	Depends on protocols at center, behavior of other patrons, equipment spacing, ability to disinfect machines/equipment between uses - risk increases because exposure time is usually more than 30 minutes
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