

September 4, 2020 Message to Duncaster Residents and Families Michael A. O'Brien, President and CEO

As we head into the Labor Day weekend I was reminded that several of the wonderful Duncaster traditions which normally take place in August; Annual Dog Show, Car Wash and Campus Carnival, had to be canceled. These traditions have always been very popular with residents and staff and we certainly look forward to these traditions retuning in 2021.

With that said Janet Lamenzo, Director of Resident Services, has announced that the wonderful programs and classes will continue to be broadcast on our in-house TV channels. Live fitness classes, though limited in size, are now part of our daily routines. The Beauty Salon, Turnover Shop, Library and Mail Room are open to all (masked and socially distanced). COLLAGE with Harriot returned on Septembers 3rd in the Art Room with classes limited to one hour and limited class size. Small resident groups can also be spotted at any time of the day or early evening in their favorite outdoor spots for friendly chats and catching up.

While we can't celebrate Labor Day in typical Duncaster style this year Janet has arranged for a Labor Day Concert on Monday September 7th at 3:00 and 4:00 on the Town Green. The number of participants is limited to 25 due to COVID-19 protocols in place. Reservations are required for each concert and you must sign up at Resident Services.

In addition I am very excited to share with you that the Duncaster Gallery Committee has announced their upcoming showcase featuring more than twenty residents sharing their work in oils, pastels, watercolors, collages, multi-media, crewel embroideries, photographs etc. The exhibit will be on display beginning on September 10th.

Possible COVID Exposures: What to do

While we remain COVID-free at Duncaster the recent outbreaks in Connecticut are a reminder to all of us that the pandemic is still out there and we have to remain vigilant. If you had been with a person, who later learns that they have tested positive for COVID-19, you would have had an exposure. If you have had an exposure, call the Assisted Living Nurses at ext. 5152. We are able to give you

a test here and determine your level of risk. It is important to prevent any unnecessary spread of the COVID-19 virus in our community. Letting us know if you think you have had an exposure to a person who was found to be COVID positive is an essential step in the safety and security of Duncaster residents and staff.

Labor Day

The weather forecast looks spectacular so enjoy the holiday. And remember to wear your mask, wash your hands and keep your distance.

Be well. Be safe.