

Summer 2020

Outlook



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Where life is good

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 **Duncaster**
is where to *live*.



Duncaster: Where life is good.

Duncaster is a vibrant community where needs are met and expectations exceeded every day. Situated on 94 beautiful acres in Bloomfield, Connecticut, the Duncaster campus offers many exciting options for senior adults seeking independent living, assisted living, memory care, rehabilitation services and long-term care.

From necessities to amenities Duncaster has it all. Stay socially distant and safely engaged. Take a walk around the pond with your four-legged friend, relax with a book or sunbathe at the Town Green, enjoy painting en plein air, fly a drone, tend your garden, view some sculpture, birdwatch, play guitar, or simply sit back and enjoy the beautiful natural sights and sounds that surround us. Stay fit outdoors by practicing your putting, taking a walk or jogging at your own pace.

Prefer to read or exercise at home? Our campus Library will deliver in-demand books right to your

door, and you can stream a fitness class from Duncaster Wellness Instructors Lucy Eyre and John Hoadley who present the latest workouts. Or, choose to participate in a live, socially distant fitness class in our exercise studio. Want more activity? Our expansive indoor lap pool and gym offer residents the ability to exercise in safety, while our warm, jetted therapy spa provides welcome relief to tired muscles.

In uncertain times, Duncaster's promise to provide a safe, enriching environment for active adults gives added confidence to those in residence and welcome reassurance to family members. At Duncaster, residents enjoy additional protections designed to keep our community safe while they continue to enjoy an active lifestyle with social distance enhancements designed to help keep our campus virus-free.

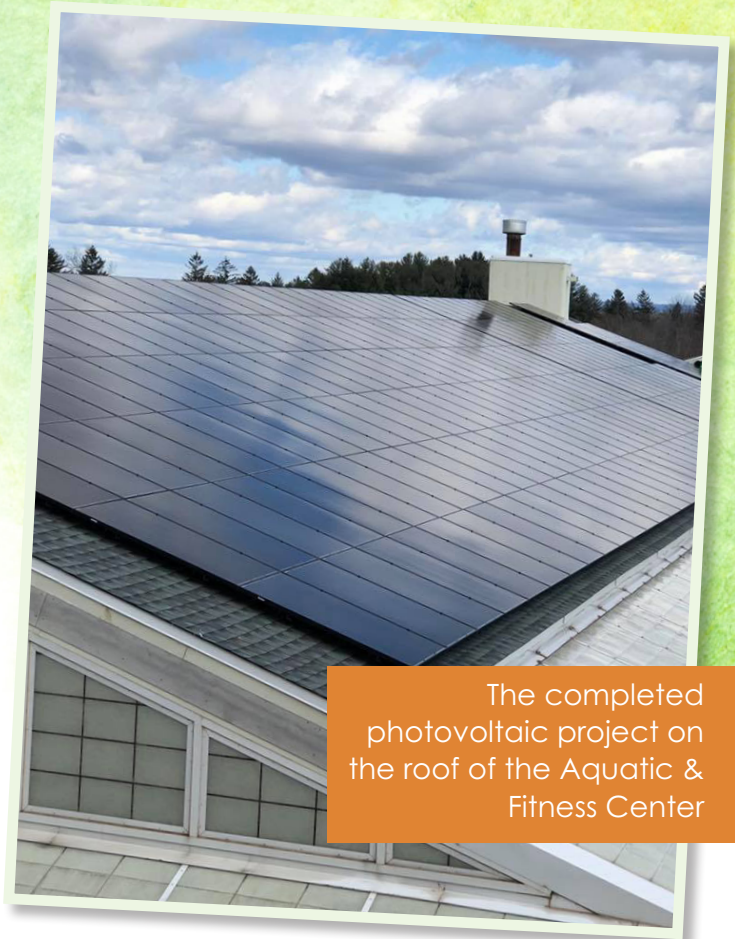
Why wait? Explore the Duncaster difference yourself! Call (860) 735-4556 to arrange your personal tour.

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Summer Projects

At Duncaster, summer is a busy time. This is when we undertake a number of important campus improvement projects. This year, we are pleased to report that we completed a significant photovoltaic project on the shingled roof of our Aquatic & Fitness Center. Fully funded by the Connecticut Green Bank, this solar project cost us nothing to install and is estimated to provide anticipated savings of more than \$100,000 over a 20 year period. This project continues Duncaster's 36 year commitment to reducing overall energy consumption and using renewable energy whenever possible. In addition, to further enhance the energy efficiency of our building envelope and to provide enhanced natural light to staff and guests, we replaced the glass panels on the translucent roof atop the Aquatic & Fitness Center entrance.



The completed photovoltaic project on the roof of the Aquatic & Fitness Center



Monogenesis #1 by Peter Diepenbrock

Under the direction of Horticulturist Kevin Wilcox, our groundskeepers have been equally busy installing a new sensory garden at Caleb Hitchcock Health Center. Duncaster was thrilled to receive a donation of a significant sculpture, Monogenesis #1, by American artist Peter Diepenbrock, which is now the centerpiece of this exciting new space. The metal sculpture shines in the light creating stimulating and changing visual interest. The piece is now in place and work continues to install the plant material. The goal is to create a relaxing, secure space where residents can engage all of their senses—smell, touch, taste, sight and sound—as they explore the garden.

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Mike's Column

Recently, Duncaster hosted a press event for Hartford HealthCare and the State of Connecticut, which in July achieved the lowest COVID-19 transmission rate of any state in the nation.

Duncaster's success in combating the virus received significant support and praise from both Governor Ned Lamont and from Jeffrey Flaks, President and CEO of Hartford HealthCare, which operates a specialty gerontology practice on Duncaster's campus. At Duncaster and other senior living communities like ours statewide, weekly COVID-19 testing of all staff has been successfully deployed as a strategic tool to help in the early identification of asymptomatic virus carriers, thereby preventing the introduction and spread of the virus within senior living communities.

As Duncaster President and CEO, I spoke about Duncaster's testing protocols and the success achieved and maintained through the early implementation of social distance and mask wearing strategies. Duncaster was among the first communities to significantly increase campus-wide infection control measures in the face of COVID-19, halting dining room service and moving to a meal delivery system, and developing support structures like a resident Buddy program to monitor the physical and mental health and social wellness of residents who call Duncaster home.

I was honored to have the opportunity to have Duncaster host this event and for the ability to showcase our efforts to keep our residents and staff healthy and safe.

Michael A. O'Brien
Duncaster President & CEO



 **Duncaster**
is Now Offering:

Free Zoom Video Consultations & Virtual Tours

Meet our team and see
how we live—safely.



Golf Cart Campus Tours

Enjoy a relaxing cruise of our
beautiful 94 acres.



**Call (860) 735-4556 to
schedule your tour or
consultation today!**




There has never been a better time than right now to consider the many benefits of living at Duncaster.

We've been busy making even more improvements to our apartment homes, and invite you to take a virtual tour, or schedule a safe in-person visit to our community.

From modern lighting, stainless steel appliances, hardwood floors, granite countertops and so much more, our attractive, easy-living apartment homes await your inspection. An apartment at Duncaster is so much more than a place to live, it's a secure place to call home in a community filled with friendship.

Duncaster supports your dynamic lifestyle with opportunities for engagement including free classes for residents offered by the University of Hartford's President's College. In addition, the Duncaster campus is home to an expansive Library, a Woodworking Shop, an Art Studio and the Commons Market where you can pick up a birthday card and a pair of earrings or a bottle of local honey and some laundry detergent. At Duncaster, an onsite Hartford HealthCare Medical Group – Senior Primary Care practice ensures your ability to quickly access expert care.

Explore the Duncaster difference yourself!
Call us today at (860) 735-4556.



Duncaster is Getting a Brand New Re-Do



New Models
are now open
for tours!

Call
(860) 735-4556
to schedule.

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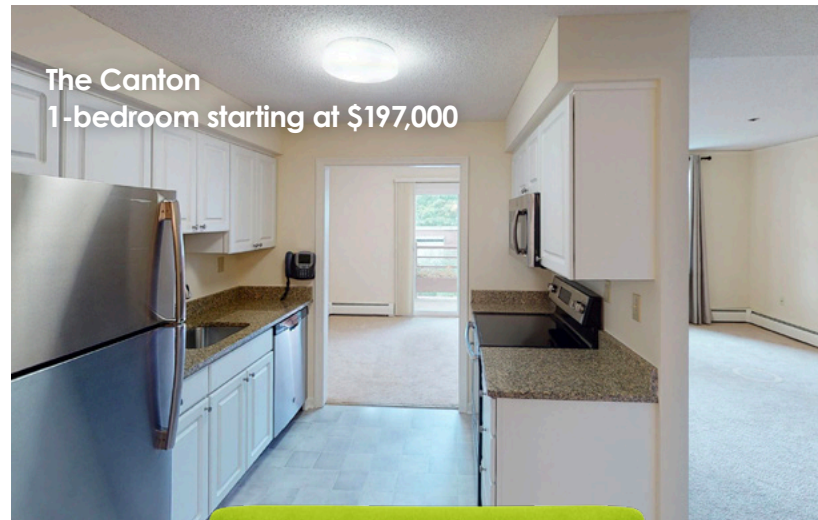


From studios to two-bedrooms,
Duncaster is where
senior living options
have never looked so *good.*

Studios, one- and two-bedroom
apartments are now available, each
with high ceilings, large windows
and a terrace or balcony.

Apartment features include:

- A contemporary kitchen with granite
countertops & stainless-steel appliances
- Washer & dryer
- Generous storage space
- 100% generator power in event of outage



The Canton
1-bedroom starting at \$197,000



The Litchfield
2-bedroom starting at \$305,000



**Take a
Virtual Tour**

Get an inside view of these
stunning Duncaster residences
with a virtual walk-through.

Go to:
Duncaster.org/virtualtour



The Cornwall
2-bedroom starting at \$214,000

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Why choose LifeCare?

Because LifeCare has got you covered.

Life is good.

You live in a home you love and your days are spent doing the things you enjoy most. Your focus is where it should be.

But, what about the future?

Your needs could change. And unfortunately, sometimes that happens rather quickly. LifeCare gives you the assurance of health care and personal services, should you need them—all at predictable costs. However, applications for LifeCare are on the rise and with quality communities being in demand, availability is low. Waiting until you need to make a move may leave you with fewer options.

Duncaster offers the maintenance-free lifestyle and exceptional amenities that will keep you doing what you love. With the added benefit of LifeCare, you'll have long-term peace of mind knowing that if your health changes, you're covered. **There's no need to worry about the future when you plan for a future with Duncaster.**

Explore the Duncaster difference for yourself! **Call us today at (860) 735-4556.**



Download your free
LifeCare Overview at
Duncaster.org/lifecare

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Duncaster.org



Not ready to move?

LifeCare on the Go™

is a unique opportunity to enjoy all the benefits of LifeCare—whether or not you live at Duncaster.

**Learn more by calling
(860) 735-4556.**

