

February 19, 2021

Message to Duncaster Residents and Families

Michael A. O'Brien, President and CEO

I could feel the energy and spirit throughout the community this week. With our residents now having received the second vaccine dose, declining infection rates and hospitalizations reported in our region and our careful easing of certain restrictions there was a welcome glimmer of hope and a palatable buzz in the community.

Community Activities

At this time we are currently open to what we call “individual” activities where one can be socially distant and low risk for spreading or acquiring COVID-19. February 20th is 14-days post our second COVID vaccination, the date we are aiming towards as our second wave of reopening. As we continue to cautiously reopen, the attached chart should provide you with a comprehensive overview regarding the status of services and activities. As always we will follow the latest guidance from medical experts, CDC and the DPH particularly given the appearance of new COVID-19 variants.

Testing

We continue with our weekly testing of all staff in both buildings. This week one staff member tested positive from the Dogwood neighborhood at the Caleb Hitchcock Health Center. The employee is now quarantining at home and all appropriate contact tracing has been conducted. Residents and all employees are deemed to be at low risk and all Dogwood residents will need to quarantine until March 4th. All other Duncaster residents and staff, Main Building and Caleb Hitchcock Health Center, tested negative this week.

Vaccination Clinics

The third and final clinic at the Main Building will be held on February 27th for any resident, staff member or contractor who received their first vaccine on February 6th.

Be well and be safe.

DUNCASTER MAIN BUILDING PHASED REOPENING OF COMMUNITY LIFE

Re-Opening is based on vaccination, testing and CT Public Health guidance			
CATEGORIES	Phase 1	Phase 2	Phase 3
Phases informed by external and internal factors: CDC/DPH Community Prevalence	2 weeks after the first dose of vaccine 1/29/2021	2 weeks after second dose of vaccine 2/20/2021	One month after second dose of vaccine 3/6/2021

Infection Prevention Masks, social distance, testing & handwashing	In place	In place	In place
Housekeeping	Apartment cleaning restarted	Open	Open
Family/friend visits	Closed	Closed	TBD
Hair Salon Services	Closed then- Open week of 2/8/21	Open	Open
Mail Room	Open	Open	Open
Physical Therapy	Open	Open	Open
Bank	Closed	Closed	TBD
Dining and Food Delivery	All meals delivered to apartment	All meals delivered and Begin “pick up” meals	Open slowly
Commons Market	Deliveries and pick up Resident volunteer	One person at a time Resident Volunteer	One person at a time Resident Volunteer
Green House	Open	Open	Open
Library	Open	Open	Open
Neighborhood Hallways	Walking to destination, it is not recommended to gather in groups	Open for gatherings of 4-5 residents in sitting areas	Open for gatherings of 4-5 residents in sitting areas
Residents having other residents in their apartments	Not recommended	Not recommended unless precautions are in place (i.e. 6 foot distance and masks)	Not recommended unless precautions are in place (i.e. 6 foot distance and masks)
Private duty staff, ex: housekeepers, bookkeepers, dog walkers, etc.	With approval Tested weekly	TBD-with testing	TBD-with testing
Game room Maximum 2 people	Open	Open	Open
Art and craft room: Maximum 6 people	Open	Open	Open
Woodshop: Maximum 2 people	Open	Open	Open
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Hospitality room and Club room	Closed	Open Maximum of 4 people in the room at a time	Open Maximum of 4 people in the room at a time

Front of meeting Room	Closed	Maximum of 15	Maximum of 15
Back of meeting Room	Closed	Maximum of 10	Maximum of 10
Full Meeting Room	Closed	Maximum of 25	Maximum of 25
External community excursions/outings	Closed	TBD	TBD
Turn Over Shop	Closed	1 shopper at a time 1 staff/volunteer at a time Maximum of 2 people	1 shopper at a time 1 staff/volunteer at a time Maximum of 2 people
Fitness Center and Pools	One person at a time in the gym	One person at a time in the gym	Two persons at a time in the gym

Above guidance is subject to change based on CDC, Dept. of Health, state guidance or an outbreak in the Duncaster community.