

April 2, 2021

Message to Duncaster Residents and Families

Michael A. O'Brien, President and CEO

I took a look back at the message I sent last year during Holy Week (April 7, 2020) My message was sobering and full of uncertainty as we were dealing with an unknown virus and the implementation of important infection control procedures to keep our community safe.

We have come a long way and we want to thank you for your strength, courage and dedication this past year as we all navigated the uncharted waters of a global pandemic. And while we all have a sense of optimism, we are reminded to remain cautious as some of the COVID-19 metrics in Connecticut have been rising and there is concern on the part of the medical experts regarding the potential spread of variants.

As you think about your plans for this weekend please remember to:

- Wear a mask, wash your hands frequently and maintain social distance (6 feet away from others).
- Limit gatherings to small groups, preferably with those who are vaccinated.
- Stay vigilant. COVID-19 and its variants are still spreading in the state.
- If you are vaccinated you can still be infected by COVID -19, and although your symptoms will not be as severe, you could still spread the disease to others who may be vulnerable.
- If you feel sick, please stay home. If you have COVID symptoms, notify Assisted Living Nurses at ext 5152. COVID symptoms include:
 - Fever
 - Dry cough
 - Tiredness
 - Sore throat
 - Diarrhea
 - Headache
 - New loss of taste or smell

Reopening

The Culinary Department has developed plans for the careful reopening of the dining rooms with seated service (Phase 2) Monday-Friday beginning on April 12th. Both the Courtyard Cafe and the Terrace Room will be open. The maximum number of diners in each venue will be 40. The dining rooms will be cleaned and sanitized on a daily basis. Tables will be 6 feet apart with 2 person or 4 person seating per table only. Reservations will only be accepted the day before and must be confirmed by the Culinary Department. Seating times will be staggered for safety and tracking. For contact tracing purposes, if necessary, a record of which staff served each resident will be maintained.

The following is the plan for the reopening of the Courtyard Cafe and the Terrace Room:

Monday-Friday

Dining Room Hours-seated service

Lunch (12:00 p.m.-1:00 p.m.)

Dinner (5:30 p.m.-6:30 p.m.)

Monday-Friday

Servery/Pickup Hours

Lunch (12:00 p.m.-1:00 p.m.)

Dinner (4:30 p.m.-5:15 p.m.)

Monday-Friday

Delivery Hours

Lunch 11:15 p.m.-2:00 p.m.

Dinner 4:30 p.m.-5:15 p.m.

Saturday (no seated service)

Delivery Hours

Lunch 12:00 p.m.-1:00 p.m.

Dinner 4:30 p.m.-6:00 p.m.

Servery/Pickup Hours

Lunch 12:00 p.m.-1:00 p.m.

Dinner 4:30 p.m.-6:00 p.m.

Sunday (no seated service)

Delivery 10:45 a.m.-12:15 p.m.

Servery/Pickup 10:45 a.m.-12:15 p.m.

Important Points to Note:

Dining rooms will reopen assuming we have no positive cases of staff and no hold ups from Health Department.

The dining rooms will only be available to residents who are not in quarantine/isolation status.

The Delivery Fee at this time will remain waived and a communication will be sent when charges will resume for delivery.

No outside guests allowed to join at this time and no outside functions at this time.

Reservations will be taken starting **Friday, April 9th for Monday, April 12th dining times, Monday the 12th for Tuesday the 13th and so on for the week.**

Visitation

Caleb Hitchcock Health Center and Memory Care Assisted Living

Visitation continues at the Caleb Hitchcock Health Center in all neighborhoods with the exception of Cedar. Compassionate care visits are continuing in all neighborhoods.

Independent Living and Social Assisted Living

Due to the continued success of the first phase of reopening for apartment visitation, we are no longer asking for visitors to make appointments for visits. Please keep in mind that all visitors to Independent Living and Assisted Living must check-in at the Aquatic and Fitness entrance for screening and no visitors are permitted in the Commons area or any of our dining rooms at this time.

The following guidelines must be followed;

All visitors will be required to present proof of either:

- Vaccination completed more than two weeks before the visit
- OR
- A negative COVID-19 PCR test collected within 7 days of the visit.

Please note that:

- There are to be no more than 2 visitors allowed in an apartment at a time.
- All visitors must be 18 years of age or older.

- Visitors are only allowed in the residents' apartments, not in common areas.
- While not encouraged visitors may stay the night in the resident's apartment.

Visitation is open 7 days a week during the hours a receptionist is available to screen visitors. Times for beginning the visit are:

- Monday through Friday 10 a.m.-6 p.m.
- Saturday and Sunday 10 a.m.-4:30 p.m.

Thank you again for your adherence to our reopening guidelines throughout the community.

Testing

Main Building

All staff members in the Main Building tested negative this week.

Caleb Hitchcock Health Center

All staff and residents are negative from this week's testing.

Be well and be safe.